



KARATE

WINTER YOUTH KARATE

**GRADES
3-6**

Program tailored for beginners and advanced students.

BEGINNERS

Beginners will learn simple skills and effective techniques including kicking, punching, throwing and falling.

ADVANCED

Advanced students will continue to improve on skills taught throughout this class.

WHEN | WHERE

Classes held Thursdays,
6:30-8 PM at Central Square

Session 1:

January 10th—February 28th

Session 2:

March 21st—May 9th

REGISTER

At Central Square,
100—7th Avenue North,
South St. Paul, MN 55075
651-366-6200
southstpaul.org

COST

\$35 CSCC Member
\$45 Non-Member

