

South St. Paul Public Library

ADULT EVENTS

January-May 2020



WINTER READS: ADULT READING PROGRAM

Winter seems to go a whole lot faster when you warm up to a good book. Winter Reads, held from **January 6–February 29**, is a reading program that inspires adults to pick up a good book and read, or relax and listen to an exciting audiobook. Win prizes by reading the books of your choice and then writing brief reviews to be used as an entry in weekly prize drawings. You can also participate in Winter Reads online! Just head to our website and click on Winter Reads.



www.ssplibrary.org



HEALTHY COOKING for Everyone

These hands-on cooking classes bring participants together to learn about healthy eating, planning meals and working together in the kitchen. Each class will feature a different dish with all ingredients provided. All ages and abilities welcome. Sponsored by U of MN Extension. Registration required for each class.

Wed, Jan. 8, 10:30 am - 12 pm *

Wed, Feb. 5, 10:30 am - 12 pm

Wed, Mar. 4, 10:30 am - 12 pm

Wed, Apr. 1, 10:30 am - 12 pm

Wed, May 6, 10:30 am - 12 pm

*Jan. 8 class meets on the second Wednesday due to the Library being closed Jan. 1

Bob Ross Paint-along

Mon, March 9, 5:30–7:30 pm

Paint along with a Bob Ross lesson that covers specific techniques such as brushwork or creating evergreen trees. Presented by Bob Ross certified instructor Kristi Nelson. Registration required.

Low-waste Living

Mon, March 16, 6–8 pm

Learn to live a low-waste lifestyle by cutting the amount of trash you generate and getting tips and simple steps to reduce waste and help your community and the environment. Presented by the Dakota County Environmental Resources, Dakota Valley Recycling and the City of West St. Paul.

Smartphone Photography

Mon, March 30, 5:30–7:30 pm

Learn how to take a great shot on your phone, what editing apps to use, and how to share, print and keep your images safe. Bring your own device. Presented by Artistry. Registration required.

Program **registration** will open **2 weeks before** the event at 9 am, unless otherwise noted.

To register for programs: call the library or visit www.ssplibrary.org, and click on **Events + Classes**.

Meditation for Inner Peace

Mon, April 6, 6-8 pm

Learn how meditation can bring a healing power to help you in all spheres of your life. Please join Arvind Naik for this engaging and informative workshop. Arvind will share a simple, yet powerful technique that will be explained and practiced during the session. Registration required.

How to Write a Will

Mon, April 20, 6-7:30 pm

Have you been putting off writing your will because you're overwhelmed and not sure where to start? Do you have children, but no appointed guardian? Get free and practical advice on how to write a will from Estate Planning attorney Ryan McLaughlin of McLaughlin Law, LLC. The presentation covers wills, power of attorney, health care directive, trusts, guardianship, and more. Ample time will be saved for Q & A.

Where History Meets Mystery

Mon, April 27, 6-8 pm

Join mystery authors in exploring the darker side of Minnesota. Discover how historical events inspired their writing, the challenges they encountered when researching the past, and how they balance mystery and history when writing. Presented by Twin Cities Sisters in Crime.

COOKBOOK CLUB *New!*

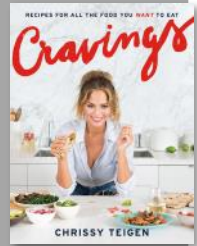
May 4, 6:30-7:30 pm

The Cookbook Club will meet quarterly on the first Monday of the month starting in May. One cookbook will be chosen for each meeting and members of the club are encouraged to bring one dish to share from the chosen cookbook. We'll discuss the book, the recipes and the author's style, while enjoying the shared dishes. Registration required.

May Cookbook:

Cravings : Recipes for All the Food You Want to Eat

By Chrissy Teigen



Dan Newton

Thu, May 7, 6:30-7:30 pm

Join us for an evening of swing, Latin, French musette and folk music with accordionist Dan Newton.



BOOK CLUB

The group meets the 2nd Thursday of the month from 7-8:30 pm.
Everyone is welcome!

Thu, Jan. 9 - *Dear Martin* by Nic Stone

Thu, Feb. 13 - *Out Stealing Horses* by Per Petterson

Thu, Mar. 12 - *The Map of Salt and Stars* by Zeynab Joukhadar

Thu, Apr. 9 - *Before We Were Yours* by Lisa Wingate

Thu, May 14 - *Bettyville* by George Hodgman



SPRING BOOK SALE

Book lovers and bargain hunters, come on down to the library for our annual Spring Book Sale! We'll have both children's and adult materials available for purchase. \$1.00 bag sale the entire week! The stock of books is replenished the whole week, so come more than once.

April 20-25

SOUTH ST. PAUL PUBLIC LIBRARY

106 3rd Ave N
South St. Paul, MN 55075

ssplibrary.org

Phone: 651-554-3240
Renewals: 651-450-2999

HOURS

Mon. 9-8
Tue. 9-6
Wed. 9-6
Thu. 9-8
Fri. 9-6
Sat. 10-4

CLOSINGS

January 1
January 20
February 17
May 25