

# ADULT fitness

## Summer VIP Fitness Class Pass

**This summer only - Central Square Member Special!**  
**Sign up for unlimited fitness classes**  
**just \$60 per month!**

Classes include: Absolute Abs, Aqua Interval, Beginner Kettlebell, Pilates, Total Body Conditioning, Yoga Fitness, Cardio Kickboxing, Cardio & Strength Training, Country Heat®, HIIT Bootcamp, Kettlebell, RIPPED®, Senior Aqua Interval, Senior Pilates, Senior Yoga, Silver & Fit Experience® and Silver Sneakers Classic®.

**Coming Soon!**