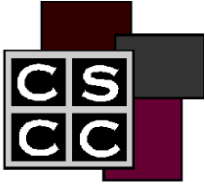


Central Square Community Center Indoor Pool Policies

1. Captain and Team Practices: South St. Paul Secondary Teams
 - A. For non-head coach attended practices, a responsible adult over 18 who is not a team member must be present AND a certified lifeguard must be present and actively guarding, not participating in the practice. Any cost or scheduling associated with the lifeguard must be paid and conducted by Special School District 6 or associated swim boosters.
 - B. If the South St. Paul School District's policy is to have a lifeguard present, the school district must provide a lifeguard at their sole expense.
2. Physical Education Classes: South St. Paul Secondary Classes
 - A. There must be a licensed teacher present and actively supervising at all times.
 - B. If the South St. Paul School District's policy is to have a lifeguard present, the school district must provide a lifeguard at their sole expense.
3. Swimming with no lifeguard on duty: Deck sign posted
 - A. Must be age 16 or over to open swim without a lifeguard on duty, lap swim only is allowed. Applies to current members and daily admission visitors.
 - B. Under the age of 16 cannot swim unless it is during scheduled lap and recreational swim times when a lifeguard is on duty.
 - C. Employees of Central Square Community Center and the City of South St. Paul that are a current certified lifeguard under the age of 18 may swim without a lifeguard on duty for fitness and conditioning purposes.
4. Private Swim Teams and Clubs: Swimming during a private rental period
 - A. Swim teams must have a responsible adult (21 years or older) actively supervising the entire group during the entire rental period. A certified lifeguard who is actively guarding, not participating, must be on duty, provided at the sole expense of the private team/club. Proof of lifeguard certification and group liability insurance must be submitted to the Aquatics Recreation Supervisor prior to the rental.
5. Pool Parties: Private pool rentals
 - A. Central Square Community Center will provide certified lifeguards with a maximum ratio of one lifeguard per 20 participants in the pool. Lifeguards will be assigned based upon group size. Lifeguard costs are included in the rental fee.
6. Open swim policies with a lifeguard on duty: Scheduled times
 - A. Children under the age of 10 must be accompanied by someone 18 years of age or older at all times when in the pool.
 - B. Central Square Community Center will provide certified lifeguards with a maximum ratio of one lifeguard per 20 participants in the pool.

Adopted by the CSCC Board May, 2019



CENTRAL SQUARE COMMUNITY CENTER POOL RULES

1. No one in water at beginning of session until guards blow whistles.
2. For your safety - no running, pushing, dunking, splashing others, or spitting of water is allowed.
3. Children not toilet trained must wear tight fitting **plastic pants or swim diapers in all public pools.**
4. Bathing suits are required. No cutoffs or frayed clothing allowed.
5. As a family facility, obscene language or boisterous rough play is not allowed.
6. No gum, food, tobacco or alcoholic beverages allowed in pool area.
7. No jumping or diving from ladders or guard chairs.
8. No diving is permitted except in the designated areas.
9. One on the diving board at a time, only one bounce on board.
10. No horseback rides or throwing swimmers.
11. No hanging on ropes.
12. No swimming under diving board (Keep Out area). Only permitted if the board is closed and properly posted.
13. US Coast Guard Type III approved floatation devices only. No other floatation devices allowed.
14. No diving for objects (rocks, pennies, etc.)
15. Swimmers must be able to swim one pool length before going in deep end.
16. Leave pool immediately when whistle blows and end of session.
17. Persons with or suspected of having a communicable disease which could be transmitted through the use of the pools are prohibited from working at or using pool.
18. Any person with open blisters, cuts or any other considerable area of exposed subdermal tissue must be warned that these may become infected and advised not to use the pool.
19. Any person using the pool must take a cleansing shower with soap and warm water before using the pool, after using the toilet, after applying lotion.
20. No pets or domestic animals are permitted in the pool area or dressing room.

All the rules listed are not absolute but should be enforced with discretion based on type of program, ability and number of swimmers and the effect it will have on the pool.

Thank you for your cooperation.
Central Square Community Center